

C-SECTIONS AT HOLY CROSS HOSPITAL INSTRUCTIONS

*****PLAN TO ARRIVE AT THE HOSPITAL 2 HOURS BEFORE YOUR SCHEDULED CESARIAN SECTION TIME**

- this will allow time for the hospital staff to complete all pre-surgery preparations and consultations for your delivery
- when you arrive, **go to directly to the 3rd floor** and stop at the **registration desk** right off the elevators.
- Please bring a **Photo ID** and **Insurance Information**
- Your **pre-natal records** have been sent directly to HCH from our office

DO NOT EAT OR DRINK ANYTHING EIGHT (8) HOURS BEFORE YOUR CESARIAN SECTION

- Doing so can push back your scheduled time and delay your hospital stay.

BLOOD WORK THE DAY BEFORE YOUR CESARIAN SECTION AT HCH

AMBULATORY CARE CENTER (LAB) AT HCH HOURS M – F 8 am – 4:30 pm
SAT 8 am – 12:30 pm

- If you are having your C-Section on Monday, have your blood drawn the Saturday PRIOR to your C-Section
- You will go to the **MAIN ENTRANCE** and proceed to **REGISTRATION**
- Standing **orders** for your lab work are at the hospital so you do not need any written orders from us
- The phone number for the ACC at HCH is 301.754.7290

LABOR AND DELIVERY has a 24 hour visiting policy.

- YOU ARE ONLY PERMITTED 1 SUPPORT PERSON IN THE **OPERATING ROOM AND RECOVERY AREA**. Support person cannot “switch out” with other visitors.
- All others **MUST** remain in the waiting area until you are transferred to the Mother/Baby Unit

VALUABLES To prevent loss, please limit the personal belongings brought to Labor and Delivery.

- Refrain from bringing a suitcase, jewelry, money, cell phone or credit cards when you **FIRST** arrive.
- Someone can bring them to you in the Mother / Baby Unit after you are moved there.

CELL PHONES ARE PROHIBITED IN LABOR AND DELIVERY, TRIAGE AND RECOVERY AREAS

- Please turn **OFF** your phones before entering the areas as they can interfere with the monitoring equipment.
- Cell phones are **permitted** in LABOR AND DELIVERY WAITING AREA,
2nd FLOOR CAFETERIA AND 1ST FLOOR MAIN LOBBY O N L Y

PLEASE CONTACT YOUR DOCTOR RIGHT AWAY!

IF AT ANY TIME BEFORE YOUR C-SECTION YOU START CONTRACTING, YOUR WATER BREAKS, YOU ARE BLEEDING OR FEEL THE BABY MOVE LESS FREQUENTLY

YOU WILL RECEIVE A PHONE CALL FROM HOLY CROSS HOSPITAL CONFIRMING YOUR CESARIAN SECTION IN ADVANCE

If you have any questions or need my assistance, please do not hesitate to call.

Jennifer Balloumi

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