

C-SECTIONS AT HOLY CROSS HOSPITAL INSTRUCTIONS

*****PLAN TO ARRIVE AT THE HOSPITAL 2 HOURS BEFORE YOUR SCHEDULED CESARIAN SECTION TIME**

- this will allow time for the hospital staff to complete all pre-surgery preparations and consultations for your delivery
- when you arrive, **go to directly to the 3rd floor** and stop at the **registration desk** right off the elevators.
- Please bring a **Photo ID** and **Insurance Information**
- Your **pre-natal records** have been sent directly to HCH from our office

DO NOT EAT OR DRINK ANYTHING EIGHT (8) HOURS BEFORE YOUR CESARIAN SECTION

- Doing so can push back your scheduled time and delay your hospital stay.

BLOOD WORK THE DAY BEFORE YOUR CESARIAN SECTION AT HCH

AMBULATORY CARE CENTER (LAB) AT HCH HOURS M – F 8 am – 4:30 pm
SAT 8 am – 12:30 pm

- If you are having your C-Section on Monday, have your blood drawn the Saturday PRIOR to your C-Section
- You will go to the **MAIN ENTRANCE** and proceed to **REGISTRATION**
- Standing **orders** for your lab work are at the hospital so you do not need any written orders from us
- The phone number for the ACC at HCH is 301.754.7290

LABOR AND DELIVERY has a 24 hour visiting policy.

- YOU ARE ONLY PERMITTED 1 SUPPORT PERSON IN THE **OPERATING ROOM AND RECOVERY AREA**. Support person cannot “switch out” with other visitors.
- All others MUST remain in the waiting area until you are transferred to the Mother/Baby Unit

VALUABLES To prevent loss, please limit the personal belongings brought to Labor and Delivery.

- Refrain from bringing a suitcase, jewelry, money, cell phone or credit cards when you **FIRST** arrive.
- Someone can bring them to you in the Mother / Baby Unit after you are moved there.

10801 LOCKWOOD DR, # 310 / 320 SILVER SPRING, MD 20901 301.681.3400 P 301.681.7982 F
19851 OBSERVATION DR, # 345 GERMANTOWN, MD 20876 301.681.3400 P 240.912.2176 F

CELL PHONES ARE PROHIBITED IN LABOR AND DELIVERY, TRIAGE AND RECOVERY AREAS

- Please turn **OFF** your phones before entering the areas as they can interfere with the monitoring equipment.
- Cell phones are **permitted** in LABOR AND DELIVERY WAITING AREA,
2nd FLOOR CAFETERIA AND 1ST FLOOR MAIN LOBBY O N L Y

PLEASE CONTACT YOUR DOCTOR RIGHT AWAY!

IF AT ANY TIME BEFORE YOUR C-SECTION YOU START CONTRACTING, YOUR WATER BREAKS, YOU ARE BLEEDING OR FEEL THE BABY MOVE LESS FREQUENTLY

YOU WILL RECEIVE A PHONE CALL FROM HOLY CROSS HOSPITAL CONFIRMING YOUR CESARIAN SECTION IN ADVANCE

If you have any questions or need my assistance, please do not hesitate to call.

Jennifer Balloumi

301.681.3400 ext 427

301.681.7982 fax

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